



Health and Wellbeing

Review planning bank: wellbeing workshop

Exam-style review task

Your school recently held a wellbeing workshop. Your teacher has asked you to write a review of the workshop for your school magazine. Here are some comments about the wellbeing workshop:

'The breathing activity was calming.'

'The advice about sleep was useful.'

'The room was too noisy.'

'Some examples felt unrealistic.'

The comments above may give you some ideas, and you should also use some ideas of your own.

Write about 120 to 160 words.

Planning

Use the comments to organise your review. Add details, examples and one idea of your own.

Concise, engaging title	Possible techniques: gentle question / reassuring wording / balanced opinion
Introduction	Context: what the workshop was; who led it; when it happened; why it is worth reviewing Hook: Can one workshop help students feel calmer?
Description	Activities: breathing activity, sleep advice, Tone: calm, practical,

Positives	Negatives / Areas for improvement
Idea: breathing activity was calming Detail / example: Extra idea: advice about sleep was useful Detail / example: Idea of your own: Detail / example:	Issue: room was too noisy Detail / example: Suggestion: Another issue: some examples felt unrealistic Detail / example: Suggestion:

Recommendation	Overall opinion: Who would enjoy it most: Final recommendation phrase:
-----------------------	---

Write your review

Write a review for your school magazine. Cover the comments, add your own ideas and make your opinion clear.

Review title _____

[illegible]



Health and Wellbeing

Review planning bank: fitness app

Exam-style review task

Your class recently tested a fitness app for two weeks. Your teacher has asked you to write a review of the app for your school magazine. Here are some comments about the fitness app:

'The daily challenges were motivating.'

'The progress chart was clear.'

'The notifications were annoying.'

'Some exercises needed more explanation.'

The comments above may give you some ideas, and you should also use some ideas of your own.

Write about 120 to 160 words.

Planning

Use the comments to organise your review. Add details, examples and one idea of your own.

<i>Concise, engaging title</i>	Possible techniques: play on words / question / clear judgement
<i>Introduction</i>	Context: what the app is; how students used it; who it is for; why it is worth reviewing Hook: Could this app make exercise easier to start?
<i>Description</i>	Main features: daily challenges, progress chart, User experience: motivating, clear,

Positives	Negatives / Areas for improvement
Idea: daily challenges were motivating Detail / example: Extra idea: progress chart was clear Detail / example: Idea of your own: Detail / example:	Issue: notifications were annoying Detail / example: Suggestion: Another issue: some exercises needed more explanation Detail / example: Suggestion:

<i>Recommendation</i>	Overall opinion: Who would enjoy it most: Final recommendation phrase:
------------------------------	---

Write your review

Write a review for your school magazine. Cover the comments, add your own ideas and make your opinion clear.

Review title _____

[illegible]



Health and Wellbeing

Review planning bank: healthy cooking demonstration

Exam-style review task

A nutritionist recently gave a healthy cooking demonstration at your school. Your teacher has asked you to write a review of the demonstration for your school magazine.

Here are some comments about the demonstration:

'The smoothie recipe was easy.'

'The nutrition tips were clear.'

'The ingredients were expensive.'

'There was not enough tasting time.'

The comments above may give you some ideas, and you should also use some ideas of your own.

Write about 120 to 160 words.

Planning

Use the comments to organise your review. Add details, examples and one idea of your own.

Concise, engaging title	Possible techniques: sensory detail / health question / practical adjective
Introduction	Context: what the demonstration was; who led it; where it happened; why it is worth reviewing Hook: Can healthy cooking be simple and tasty?
Description	Main features: smoothie recipe, nutrition tips, Teaching style: clear, practical,

Positives	Negatives / Areas for improvement
Idea: smoothie recipe was easy Detail / example: Extra idea: nutrition tips were clear Detail / example: Idea of your own: Detail / example:	Issue: ingredients were expensive Detail / example: Suggestion: Another issue: not enough tasting time Detail / example: Suggestion:

Recommendation	Overall opinion: Who would enjoy it most: Final recommendation phrase:
-----------------------	---

Write your review

Write a review for your school magazine. Cover the comments, add your own ideas and make your opinion clear.

Review title _____

This image shows a full page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for writing. There are no margins, text, or other markings present.

IGCSE ESL

Resources for exam preparation

Cambridge IGCSE English as a Second Language 0510/0511



Health and Wellbeing

Review planning bank: mental health documentary

Exam-style review task

Your class recently watched a documentary about teenage mental health. Your teacher has asked you to write a review of the documentary for your school magazine.

Here are some comments about the documentary:

'The student stories felt honest.'

'The expert advice was useful.'

'Some parts were upsetting.'

'The ending was too sudden.'

The comments above may give you some ideas, and you should also use some ideas of your own.

Write about 120 to 160 words.

Planning

Use the comments to organise your review. Add details, examples and one idea of your own.

<i>Concise, engaging title</i>	Possible techniques: thoughtful question / sensitive wording / balanced judgement
<i>Introduction</i>	Context: what the documentary was about; when you watched it; who it is for; why it is worth reviewing Hook: Can a documentary make mental health easier to discuss?
<i>Description</i>	Main content: student stories, expert advice, Tone: honest, sensitive,

Positives	Negatives / Areas for improvement
Idea: student stories felt honest Detail / example: Extra idea: expert advice was useful Detail / example: Idea of your own: Detail / example:	Issue: some parts were upsetting Detail / example: Suggestion: Another issue: ending was too sudden Detail / example: Suggestion:

<i>Recommendation</i>	Overall opinion: Who would enjoy it most: Final recommendation phrase:
------------------------------	---

Write your review

Write a review for your school magazine. Cover the comments, add your own ideas and make your opinion clear.

Review title _____

[illegible]