



Food and Eating Habits

Article planning bank: learning to cook

Exam-style article task

Your class has recently discussed whether all students should learn to cook simple meals. Your teacher has asked you to write an article about this topic for your school magazine. Here are some comments about learning to cook to help you:

'Cooking is a useful life skill.'

'It could help people eat healthier food.'

'Some students are not interested.'

'Ingredients can be expensive.'

Now write an article for your school magazine.

The comments may give you some ideas, and you should also use some ideas of your own.

Write about 120 to 160 words.

Planning

Use the comments to organise your article. Add details and examples.

Section	Ideas / Useful language	Linking phrases
Concise, engaging title	Possible techniques: question / food phrase / strong opinion Title idea:	☐ Can you cook? ☐ Food for life ☐ More than a meal
Introduction	Context: cooking skills; independence, health and cost Hook: question / direct address / lively opening statement My angle:	☐ These days,... ☐ Many students rely on... ☐ This matters because...
Useful skills	Idea: cooking is a useful life skill Example / detail: Extra idea: it could help people eat healthier food Detail / example:	☐ One clear benefit is... ☐ For example,... ☐ This could help...
Practical concerns	Concern: some students are not interested Why / effect: Another point: ingredients can be expensive Possible response:	☐ However,... ☐ A practical issue is... ☐ One solution is...
Final view	My opinion: Closing message: should cooking be part of school life?	☐ In my view,... ☐ Overall,... ☐ Schools should...

Write your article

Write an article for your school magazine. Cover the comments, develop your points and make your opinion clear.

Article title _____

[illegible]



Food and Eating Habits

Article planning bank: healthy school lunches

Exam-style article task

Your class has recently discussed whether school lunches should be healthier. Your teacher has asked you to write an article about this topic for your school magazine. Here are some comments about school lunches to help you:

'Healthy food helps students concentrate.'

'There should be more fresh fruit.'

'Some healthy meals are not popular.'

'Students still want treats sometimes.'

Now write an article for your school magazine.

The comments may give you some ideas, and you should also use some ideas of your own.

Write about 120 to 160 words.

Planning

Use the comments to organise your article. Add details and examples.

Section	Ideas / Useful language	Linking phrases
Concise, engaging title	Possible techniques: question / contrast / lunch phrase Title idea:	☐ What is on the menu? ☐ Healthy or boring? ☐ Lunch that helps learning
Introduction	Context: school lunches; concentration, choice and healthy habits Hook: question / direct address / lively opening statement My angle:	☐ At lunchtime,... ☐ Food can affect... ☐ This matters because...
Health benefits	Idea: healthy food helps concentration Example / detail: Extra idea: there should be more fresh fruit Detail / example:	☐ One benefit is... ☐ For instance,... ☐ This would mean...
Choice concerns	Concern: some healthy meals are not popular Why / effect: Another point: students still want treats sometimes Possible response:	☐ Even so,... ☐ The problem is... ☐ A better choice would be...
Final view	My opinion: Closing message: what should a good school lunch offer?	☐ In my view,... ☐ Overall,... ☐ The best menu would...

Write your article

Write an article for your school magazine. Cover the comments, develop your points and make your opinion clear.

Article title _____

[illegible]



Food and Eating Habits

Article planning bank: food waste

Exam-style article task

Your class has recently discussed whether students should do more to reduce food waste. Your teacher has asked you to write an article about this topic for your school magazine. Here are some comments about food waste to help you:

'People often take more than they can eat.'
'Smaller portions would help.'

'Leftover food could be shared safely.'
'It is difficult to know how hungry you will be.'

Now write an article for your school magazine.

The comments may give you some ideas, and you should also use some ideas of your own.

Write about 120 to 160 words.

Planning

Use the comments to organise your article. Add details and examples.

Section	Ideas / Useful language	Linking phrases
Concise, engaging title	Possible techniques: question / environmental phrase / contrast Title idea:	[] Why waste food? [] Smaller portions, smarter choices [] Food should not be thrown away
Introduction	Context: food waste at school; portions, leftovers and habits Hook: question / direct address / lively opening statement My angle:	[] Every day,... [] Food waste is... [] This matters because...
Ways to reduce waste	Idea: people take more than they can eat Example / detail: Extra idea: smaller portions would help Detail / example:	[] One simple change is... [] For example,... [] This could reduce...
Limits or problems	Concern: leftover food must be shared safely Why / effect: Another point: it is hard to know how hungry you will be Possible response:	[] However,... [] The difficulty is... [] To manage this,...
Final view	My opinion: Closing message: what simple changes could reduce waste?	[] In my view,... [] Overall,... [] Students could...

Write your article

Write an article for your school magazine. Cover the comments, develop your points and make your opinion clear.

Article title _____

[illegible]



Food and Eating Habits

Article planning bank: trying new food

Exam-style article task

Your class has recently discussed whether young people should try more food from different cultures. Your teacher has asked you to write an article about this topic for your school magazine. Here are some comments about trying new food to help you:

'It helps people understand other cultures.'

'Food festivals are fun.'

'Some people are nervous about unfamiliar dishes.'

'Allergies and diets must be respected.'

Now write an article for your school magazine.

The comments may give you some ideas, and you should also use some ideas of your own.

Write about 120 to 160 words.

Planning

Use the comments to organise your article. Add details and examples.

Section	Ideas / Useful language	Linking phrases
Concise, engaging title	Possible techniques: question / sensory opening / cultural phrase Title idea:	[] Would you try it? [] A taste of culture [] More than flavour
Introduction	Context: trying different food; culture, curiosity and respect Hook: question / direct address / lively opening statement My angle:	[] Food is one way... [] Imagine trying... [] This matters because...
Cultural benefits	Idea: food helps people understand cultures Example / detail: Extra idea: food festivals are fun Detail / example:	[] One advantage is... [] For example,... [] This can open...
Respecting limits	Concern: some people feel nervous Why / effect: Another point: allergies and diets must be respected Possible response:	[] However,... [] It is important to... [] To make this comfortable,...
Final view	My opinion: Closing message: how can students try new food comfortably?	[] In my view,... [] Overall,... [] Students should...

Write your article

Write an article for your school magazine. Cover the comments, develop your points and make your opinion clear.

Article title _____

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.