



EXTRA SPEAKING PRACTICE

Extra Speaking Bank 1

Sports and Leisure | inclusive sport and participation | Cambridge IGCSE ESL 0511

Part 1: Interview

Take turns asking and answering. Each person should aim to speak for 2-3 minutes in total.

Question	Strategy
<p>Personal / present What makes an activity welcoming for beginners?</p>	Describe atmosphere and support: <i>Beginners need... / It helps when... / They are more likely to continue if...</i>
<p>Past experience Can you tell me about a time when someone helped you join an activity?</p>	Describe encouragement and result: <i>I was unsure about... / They showed me... / After that...</i>
<p>Opinion / inclusion Should sports clubs change their activities so everyone can participate?</p>	Balance inclusion and practicality: <i>Clubs should adapt by... / This would allow... / Some activities may still require...</i>

Part 2: Short talk

Prepare for 1 minute. Then speak on your own for up to 2 minutes.

Making a school sports event more inclusive

Your school wants more students to enjoy its annual sports event. You are considering these options:

- adding non-competitive team challenges
- letting students choose from activities with different ability levels

Talk about the advantages and disadvantages of each option. Say which option you would prefer, and why.

Strategy: plan your short talk

Open: Briefly introduce the situation:
There are two possible ways to make the school sports event more inclusive...

Compare: Give one advantage and one disadvantage for each option. Do not ignore either option.

Choose: Finish clearly:
I would prefer... because...

Part 3: Discussion

Discuss the questions. Each person should give reasons and examples, not just short answers.

Follow-up questions

1. Why do some people feel that sport is not for them?
2. Should elite sports organisations spend more on community participation?
3. Can separating competitors by ability be both fair and inclusive?
4. How does seeing a wider range of athletes affect society?

Strategy: develop your ideas in Part 3

Cause: Identify barriers beyond ability:
Some people feel excluded because... / Cost or confidence may... / Past experiences can...

Fairness: Explain the purpose of grouping:
Ability groups can be fair when... / They become unfair if... / Everyone should still have...

Representation: Describe a wider social effect:
Seeing different athletes shows... / It may encourage... / Society begins to value...



EXTRA SPEAKING PRACTICE

Extra Speaking Bank 2

Sports and Leisure | local facilities and public recreation | Cambridge IGCSE ESL 0511

Part 1: Interview

Take turns asking and answering. Each person should aim to speak for 2-3 minutes in total.

Question	Strategy
<p>Personal / present Which leisure facility in your area is most useful?</p>	Name users and benefits: <i>The most useful facility is... / It is used by... / It provides...</i>
<p>Past experience Can you tell me about a public facility you enjoyed visiting?</p>	Describe features and experience: <i>I visited... / It had... / I would return because...</i>
<p>Opinion / investment What leisure facility does your area need most?</p>	Identify need and impact: <i>The area needs... / At present, people cannot... / It would benefit...</i>

Part 2: Short talk

Prepare for 1 minute. Then speak on your own for up to 2 minutes.

Improving a local recreation space

Your local council can improve one recreation space for young people. You are considering these options:

- building an outdoor multi-sport court
- creating a safe park area for informal games and exercise

Talk about the advantages and disadvantages of each option. Say which option you would prefer, and why.

Strategy: plan your short talk

Open: Briefly introduce the situation:
There are two possible ways to improve local recreation for young people...

Compare: Give one advantage and one disadvantage for each option. Do not ignore either option.

Choose: Finish clearly:
I would prefer... because...

Part 3: Discussion

Discuss the questions. Each person should give reasons and examples, not just short answers.

Follow-up questions

1. Should public sports facilities always be free to use?
2. How should councils decide which leisure activities deserve funding?
3. Do high-quality facilities guarantee that people will become more active?
4. What makes a public leisure space feel safe and welcoming?

Strategy: develop your ideas in Part 3

Principle: State what public access should provide:
Basic facilities should be free because... / A fee may be reasonable for... / No one should be excluded by...

Criteria: Give clear decision factors:
Councils should consider... / The number of users... / They should also assess...

Condition: Explain what facilities cannot do alone: *Facilities help only if... / People also need... / Participation may remain low when...*



EXTRA SPEAKING PRACTICE

Extra Speaking Bank 3

Sports and Leisure | competition, pressure and fair play | Cambridge IGCSE ESL 0511

Part 1: Interview

Take turns asking and answering. Each person should aim to speak for 2-3 minutes in total.

Question	Strategy
<p>Personal / present How do you feel when an activity becomes competitive?</p>	Describe reaction and reason: <i>Competition makes me feel... / I perform better when... / Too much pressure can...</i>
<p>Past experience Can you tell me about an example of good sportsmanship?</p>	Describe action and meaning: <i>A player decided to... / This was fair because... / Other people reacted by...</i>
<p>Opinion / winning Is taking part really more important than winning?</p>	Give a qualified judgement: <i>Taking part matters because... / Winning can also... / The answer depends on...</i>

Part 2: Short talk

Prepare for 1 minute. Then speak on your own for up to 2 minutes.

Rewarding achievement in school sport

Your school wants to recognise achievement at the end of the sports season. You are considering these options:

- giving awards to the best-performing players
- giving awards for improvement, teamwork and fair play

Talk about the advantages and disadvantages of each option. Say which option you would prefer, and why.

Strategy: plan your short talk

Open: Briefly introduce the situation:
There are two possible ways to recognise achievement in school sport...

Compare: Give one advantage and one disadvantage for each option. Do not ignore either option.

Choose: Finish clearly:
I would prefer... because...

Part 3: Discussion

Discuss the questions. Each person should give reasons and examples, not just short answers.

Follow-up questions

1. When does healthy competition become harmful?
2. Should young athletes receive large financial rewards?
3. Can rules ever make a sport less fair?
4. Why do societies care so deeply about winning international competitions?

Strategy: develop your ideas in Part 3

Boundary: Define the point where harm begins: *Competition is healthy while... / It becomes harmful when... / A warning sign is...*

Consequence: Consider effects of rewards: *Large rewards may motivate... / They can also create... / Young athletes need...*

Paradox: Explain how a rule may fail: *A rule intended to... / In practice, it may... / Fairness requires...*



EXTRA SPEAKING PRACTICE

Extra Speaking Bank 4

Sports and Leisure | technology, data and sport | Cambridge IGCSE ESL 0511

Part 1: Interview

Take turns asking and answering. Each person should aim to speak for 2-3 minutes in total.

Question	Strategy
<p>Personal / present Do you use technology to track exercise or activity?</p>	Describe tool and usefulness: <i>I use... / It records... / The information helps me...</i>
<p>Past experience Can you tell me about technology changing a sporting decision?</p>	Describe evidence and outcome: <i>The official reviewed... / The technology showed... / The decision was...</i>
<p>Opinion / data Does tracking performance make exercise more enjoyable?</p>	Compare motivation and pressure: <i>It can motivate people by... / However, constant tracking may... / I would prefer...</i>

Part 2: Short talk

Prepare for 1 minute. Then speak on your own for up to 2 minutes.

Using technology in school sport

Your school wants to use technology to help students improve in sport. You are considering these options:

- using fitness watches to track personal progress
- recording matches so teams can review their performance

Talk about the advantages and disadvantages of each option. Say which option you would prefer, and why.

Strategy: plan your short talk

Open: Briefly introduce the situation:
There are two possible ways to use technology to improve school sport...

Compare: Give one advantage and one disadvantage for each option. Do not ignore either option.

Choose: Finish clearly:
I would prefer... because...

Part 3: Discussion

Discuss the questions. Each person should give reasons and examples, not just short answers.

Follow-up questions

1. Does video technology make professional sport fairer?
2. Who should own the performance data collected from athletes?
3. Could too much scientific analysis remove creativity from sport?
4. Will virtual sports ever receive the same respect as physical sports?

Strategy: develop your ideas in Part 3

Assess: Judge improvement and new problems:
It makes decisions more accurate... / However, it can interrupt... / Overall, fairness improves if...

Rights: Identify who controls personal information: *Athletes should own... / Teams may use it only when... / Consent is important because...*

Compare: Use clear criteria for two forms of sport: *Virtual sports require... / Physical sports involve... / Respect may grow as...*



EXTRA SPEAKING PRACTICE

Extra Speaking Bank 5

Sports and Leisure | major sporting events and society | Cambridge IGCSE ESL 0511

Part 1: Interview

Take turns asking and answering. Each person should aim to speak for 2-3 minutes in total.

Question	Strategy
<p>Personal / present Which major sporting event interests people where you live?</p>	Describe interest and atmosphere: <i>Many people follow... / They support... / The event creates...</i>
<p>Past experience Can you tell me about watching an important sporting event?</p>	Describe moment and reaction: <i>I watched it with... / The most exciting moment was... / We reacted by...</i>
<p>Opinion / hosting Would you like your city or country to host a major event?</p>	Balance pride and cost: <i>It would bring... / The main concern would be... / I would support it if...</i>

Part 2: Short talk

Prepare for 1 minute. Then speak on your own for up to 2 minutes.

Celebrating a major sporting event locally

Your town wants local people to enjoy an upcoming international sporting event together. You are considering these options:

- showing key matches on a large public screen
- holding a community sports festival inspired by the event

Talk about the advantages and disadvantages of each option. Say which option you would prefer, and why.

Strategy: plan your short talk

Open: Briefly introduce the situation:
There are two possible ways for the town to celebrate the sporting event...

Compare: Give one advantage and one disadvantage for each option. Do not ignore either option.

Choose: Finish clearly:
I would prefer... because...

Part 3: Discussion

Discuss the questions. Each person should give reasons and examples, not just short answers.

Follow-up questions

1. Do the long-term benefits of hosting major sports events justify their cost?
2. Can international sport genuinely improve relationships between countries?
3. Should athletes be expected to comment on political and social issues?
4. Why are some sports treated as globally important while others receive little attention?

Strategy: develop your ideas in Part 3

Evidence: Name the benefit and test its duration: *The event may create... / This lasts only if... / A weak legacy would...*

Qualify: Avoid an overly simple claim: *Sport can improve relations by... / However, it cannot solve... / Its greatest value may be...*

Explain: Identify cultural and commercial causes: *A sport becomes global when... / Media coverage encourages... / Less visible sports may lack...*