



# Sports and Leisure

Multiple matching: lunchtime activities | Cambridge IGCSE ESL 0510/0511

## 1. Lead-in discussion

Talk with a partner before you read.

1. What activities can students do at lunchtime in your school?
2. Would you choose something active, creative or relaxing?
3. Why might some students avoid competitive sports?
4. What makes an activity easy to join?

### Exercise 2 at a glance

Read four short texts. For each statement, choose the correct person, A-D. One person may be used more than once. Read the whole detail carefully before you choose.

## 2. Read for overall understanding

Read the four texts. Which activity would suit you best? Give a reason.

### Choosing a Lunchtime Activity

#### A Table tennis club

This club meets in the sports hall twice a week and is designed for students who want a quick activity rather than a full team sport. Beginners can borrow bats, and the teacher starts each session with a five-minute skill challenge. Some students like it because matches are short, so losing one game does not feel too serious. The club can become noisy when many people are waiting, but the rotation system means everyone gets a turn. It suits students who want movement and competition without changing into full sports kit.

#### B Walking group

The walking group was started for students who felt that lunchtime was too crowded indoors. A staff member leads a short route around the school field and nearby streets if the weather is safe. Students are encouraged to talk, but they do not have to. This makes it popular with people who want fresh air without the pressure of organised games. The route is not long enough to improve fitness dramatically, but several students say they concentrate better in afternoon lessons afterwards. The only regular problem is wet weather, when the group uses a covered area instead.

#### C Strategy games room

The strategy games room is not a sports club, but it attracts students who enjoy competition. Chess, card games and logic puzzles are available, and older students teach the rules to newcomers. The teacher says the aim is not to find the cleverest player, but to help students practise patience and planning. Some students who dislike noisy activities enjoy this room because conversations are quieter and more focused. However, games sometimes last longer than lunchtime, so players need to agree when to stop.

#### D Dance fitness

Dance fitness takes place in a classroom with the desks pushed back. Students follow short routines from different music styles, and nobody performs alone. The instructor changes the steps if the room is crowded, so the activity can continue safely even with a large group. Some students join because they want exercise without playing a traditional sport. Others like the way music makes the session feel less like training. The club asks students to arrive on time because late arrivals interrupt the warm-up.

### 3. Strategy focus

#### Separate similar benefits

Several activities may sound enjoyable. Match each statement to the exact benefit, problem or routine described in one text.

### 4. Exam-style matching questions

For each statement, write the correct letter, A, B, C or D, on the line.

No.	Which activity...	A-D
1	does not require students to speak if they prefer not to	.....
2	uses older students to help beginners understand how to take part	.....
3	has short matches so a defeat feels less important	.....
4	needs students to arrive punctually because of the warm-up	.....
5	may help students focus better later in the day	.....
6	changes the activity if there are too many people in the space	.....
7	offers competition in a quieter environment	.....
8	lets students borrow equipment	.....
9	can be affected by bad weather	.....

### 5. Vocabulary notebook

Underline five useful words or phrases. Check their meaning, then record them in your vocabulary notebook.

### 6. Follow-up tasks

1. Discussion: Which activity would be easiest for a nervous student to try?
2. Strategy: Highlight the sentence where you found each answer. Label it with the question number.
3. Writing: Write a notice advertising one lunchtime activity.
4. Vocabulary: Circle words and phrases connected to leisure, clubs and participation.

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## 2. Read for overall understanding

Suggested answer: Students' own answers, but they should refer to details from the texts.

## 4. Exam-style matching questions

1. B
2. C
3. A
4. D
5. B
6. D
7. C
8. A
9. B

## Notes for checking

Learners should match the statement to the exact detail in the text.

An option may be used more than once.

If learners disagree, ask them to highlight and label the sentence that proves their answer.