



GRAMMAR PRACTICE

# Gerunds and Infinitives in Daily Life

Lifestyle and Daily Routines | Verb patterns | Cambridge IGCSE ESL 0511

## 1. Lead-in discussion

Talk with a partner. You may already use this grammar without noticing it.

No.	Question
1	Describe one hobby you enjoy doing after school.
2	Name one habit you would like to change this year.
3	What activity helps you to relax after a busy day?
4	What do you avoid doing when you need to concentrate?

## 2. Grammar in context

Read the text. The bold phrases show the grammar used in a natural topic context.

### Building Better Daily Habits

Many students want **to manage** their time better, but they often find it difficult **to change** their routines. Some enjoy **studying** in the morning, while others prefer **working** later in the evening.

A useful routine might include **planning** homework, taking short breaks and choosing **to put** a phone away during revision. Students who avoid **checking** messages every few minutes usually concentrate for longer.

Healthy routines are not only about schoolwork. Learners may decide **to exercise**, learn **to cook** simple meals or spend time **talking** with family and friends. Small changes can help students feel more balanced.

## 3. Notice the pattern

Some verbs are followed by -ing. Some are followed by to + infinitive. Some can use both, but the meaning may change.

Use	Form / signal	Example
Verb + -ing	enjoy, avoid, finish, keep	I enjoy reading before bed.
Verb + to + infinitive	want, decide, hope, learn	I want to manage my time better.
Verb + object + infinitive	help, encourage, remind	My teacher reminded me to revise.
Expression + -ing	be good at, be interested in	She is good at organising her routine.

## 4. Build accurate sentences

Complete each sentence using the grammar focus. Then write two examples of your own.

No.	Prompt	Use	Your answer
1	I enjoy / watch videos after school.	enjoy + -ing	
2	Many students hope / improve their grades.	hope + to	
3	My parents remind me / sleep earlier.	remind + object + to	
4	Teenagers should avoid / use phones late at night.	avoid + -ing	

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_

## 5. Use it in exam answers

Complete the tasks using the grammar focus naturally.

Task	What to do
Speaking	Talk about a daily habit you would like to improve. Use at least three verb patterns.
Writing	Write advice for students who struggle to manage time. Include enjoy, avoid, decide and help.
Reading	Underline four verb patterns in the context text and label them.

## 6. Common mistakes

Correct the mistakes.

No.	Mistake	Your correction
1	I enjoy to play games after school.	
2	She decided studying earlier.	
3	My friend reminded to me finish homework.	
4	Students should avoid to sleep too late.	

## 7. Topic discussion questions

Use these for pair work, small-group discussion, or speaking-test warm-up practice.

1. What activities do you enjoy doing in your free time?
2. What habit would you like to stop doing?
3. What do you need to do to feel more organised?
4. Who helps you to stay motivated?

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## 4. Build accurate sentences

1. I enjoy watching videos after school.
2. Many students hope to improve their grades.
3. My parents remind me to sleep earlier.
4. Teenagers should avoid using phones late at night.

Own answers will vary. Check that the grammar focus is accurate and natural.

## 6. Common mistakes

1. I enjoy playing games after school.
2. She decided to study earlier.
3. My friend reminded me to finish homework.
4. Students should avoid sleeping too late.

## Notes for checking

1. Verb + -ing: enjoy, avoid, finish, keep - I enjoy reading before bed.
2. Verb + to + infinitive: want, decide, hope, learn - I want to manage my time better.
3. Verb + object + infinitive: help, encourage, remind - My teacher reminded me to revise.
4. Expression + -ing: be good at, be interested in - She is good at organising her routine.